



BOUNCIN' BUS

KIDS' FITNESS ON WHEELS



BOUNCIN' BUS, A SCHOOL BUS CONVERTED INTO A GYM ON WHEELS, IS COMING TO OUR LIBRARY! THIS EVENT IS PERFECT FOR CHILDREN AGES TWO THROUGH SEVEN. ALL ACTIVITIES TAKE PLACE INSIDE THE BUS, WHERE THE EQUIPMENT FORMS A SAFE AND FUN OBSTACLE COURSE FOR THE CHILDREN TO ENJOY:



LIST OF GYM EQUIPMENT:

- ALPHABET CLIMBING WALL
- BALANCE BEAM
- TUMBLING MATS
- MONKEY BARS
- HORIZONTAL BAR
- EXIT SLIDE AND MORE!



EXERCISES ARE DESIGNED TO IMPROVE BALANCE, BUILD COORDINATION, AND STRENGTHEN MUSCLES AND BONES. LEAD INSTRUCTOR IS SAFETY CERTIFIED THROUGH USA GYMNASTICS.

IN ORDER TO PARTICIPATE, YOUR CHILD MUST FIRST HAVE A SIGNED WAIVER ON FILE. PICK IT UP FROM THE FRONT DESK, OR VISIT THE BOUNCIN' BUS WEBSITE AT WWW.BOUNCINBUS.COM TO DOWNLOAD IT TO YOUR COMPUTER. PLEASE CALL 920-288-2871 WITH QUESTIONS.

EVENT DATE:

EVENT TIME:



**THERE IS NO COST TO PARTICIPATE.
THIS PROGRAM IS SPONSORED BY YOUR PUBLIC LIBRARY.**

